

Transplant Office Information

Mailing Address

Kidney Transplant Department
Nebraska Medicine
987424 Nebraska Medical Center
Omaha, NE 68198-7424

Telephone: 402.559.5000

Toll-free: 800.401.4444

Fax Number: 402.552.3030

Office Hours

Monday to Friday, 8 a.m. to 4 p.m. CST

Weekends and holidays: Closed

Transplant coordinators accept calls:

8 a.m. to 3 p.m. CST

All non-emergency calls, such as medicine refills or appointment changes, need to be made during regular office hours.

For Emergencies Only

After hours: Ask for the kidney transplant coordinator on call.

In case of an emergency, please proceed to the nearest emergency room. Please remember to tell them that you are a transplant patient and that they must call the transplant physician on call. Call your transplant coordinator after your visit to the emergency room. You are welcome to call with emergent questions, but if possible please wait until office hours. Our access to your health information is limited after hours. We will not be able to order antibiotics or offer treatment over the phone. Our policy for medicine refills after business hours is to call in only enough medicine to get you to the next business day. Please make sure you pay attention to when you will need refills so you don't run out of medicine.

For blood sugars that are too high or too low, call the doctor who follows you for blood sugars. This usually is your primary doctor or an endocrinologist, a doctor who focuses on diabetes conditions.

Use this booklet as a guide or resource for questions that come up after kidney transplantation. Do not be afraid to ask questions about anything. No question is silly. All questions are important. Our goal is to help you go home with the confidence and knowledge that you need to manage your life as a transplant patient.

When to Call the Doctor

It is Important to:

- Make an appointment with your referring nephrologist (kidney doctor) to be seen six months post-transplant to re-establish care. Having a new kidney and not needing dialysis does not mean your care stops. You need to follow-up with a doctor who specializes in kidney disease and high blood pressure. Regular appointments with your kidney doctor will improve your overall health and will help manage medical problems related to your kidney disease and transplant. The transplant team makes every attempt to communicate with your kidney doctor and/or primary care doctor. It is important to let us know if you change doctors at any time after transplant.
- See your local primary care doctor within the first few weeks after transplant as this is the doctor who is most likely close to where you live and best able to manage your overall health and preventative health maintenance screenings. This is the doctor you most likely will need to see if you develop an illness unrelated to your transplant.

Be aware: Your immunosuppressive medicines can mask the usual signs of infection, so make sure you call right away. Your biggest risk is within the first few months after transplant or after treatment for rejection. You must monitor yourself and recognize the symptoms of infection and get treatment as soon as any of the following symptoms occur. Keep in mind you may not experience any of these signs but you may just not feel “normal.”

When to Call the Doctor, continued

Call your transplant team if:

- Your temperature is higher than 100.5°F
- You have sweats or chills
- You “feel lousy” or have flu-like symptoms, chills, aches, headaches, dizziness, nausea or vomiting
- You have a skin rash
- You have an area of pain, redness, tenderness or swelling at incision site or otherwise
- You have a wound or cut that will not heal
- You have red, warm or draining sores
- You are or have been around someone who is actively ill
- You have a sore, scratchy throat or pain when swallowing
- You have sinus drainage color that is not clear
- You have an ongoing or moist cough
- You have nausea, vomiting and/or diarrhea
- You have white patches in your mouth or on your tongue
- You have trouble urinating, pain or burning, constant urge or frequent urination
- You have bloody, cloudy or foul-smelling urine
- You are short of breath
- You have eye pain you have not had before
- If your doctor has put you on ANY NEW medicines
- You have gained weight or swelling
- You have a wound or cut that will not heal
- Someone you came in contact with was diagnosed with a serious infectious sickness
- You are unable to keep your medicines down or drink enough fluids
- You feel tired and are not able to exercise
- You have an unexplainable poor appetite or weight loss
- You have a skin rash
- You experience problems related to a recent procedure, appointment or admission to the transplant center

Go to the Emergency Department if you experience the following symptoms and cannot see your doctor right away:

- You have shortness of breath
- You have difficulty breathing while lying on your back
- You have a fast or irregular heart beat (feelings of palpitations)
- You have a fast breathing rate
- Severe, uncontrolled pain